



# Kudarat Retreat 2011

*Empowering the next generation of Sikh leaders in the Seattle community!*

**A 3-Day Retreat for Sikhs Ages 18-39**



**Events Throughout the Year**



## **KNOWLEDGE.**

Gurbani translation and discussion guided by speakers from around the country.

## **SKILLS.**

Make parsaad, read hukamnama, do ardaas, and play kirtan.

## **COMMUNITY.**

Lifelong friendships created in the beauty of nature.

***You can make a difference!***

***Donate to the Kudarat Retreat and invest in the future of the Sikh sangat. Kudarat's mission is to explore the Divine within ourselves and all Creation. Our programs instill confidence and self-awareness in individuals through learning a Guru-oriented lifestyle, within a fun, natural setting.***

*For more information on how to donate, call:*

*Ipreet Kaur: (425) 233-9643 Shamshir Kaur: (253) 229-0842 Tripat Singh: (206) 715-7512*

*[www.seattlesikhretreat.org](http://www.seattlesikhretreat.org)*